FEMALE NAME	FINISHING	POINTS	FINISHING	RACES	MALE NAME	FINISHING	POINTS	FINISHING	RACES
	PLACE		POSITION	COMPLETED		PLACE		POSITION	COMPLETED
Sharn Ponsford	1	25	1st	1	Ben Gaskins	3	16	1st	1
Sheryl Goodwin	2	20	2nd	1	Paul Taylor	4	13	2nd	1
Emma Jordan	6	10	3rd	1	Paul Gerber	5	11	3rd	1
Jilly Cole	8	8	4th	1	Paul Groves	7	9	4th	1
Ellie Bye	9	7	5th	1	Steve Lawrence	10	6	5th	1
Ruth Gainsford	13	3	6th	1	Rod Bye	11	5	6th	1
Gemma Francis	15	1	7th	1	Jeremy Lawrence	12	4	7th	1
Jackie Bye	16	0	8th	1	James Fuller	14	2	8th	1
Sophie Overall	17	0	9th	1	Scott Shrubsall	18	0	9th	1
Nicola Holden	19	0	10th	1	Pete Nelson	20	0	10th	1
					Stewart Marden	21	0	11th	1
					Steve Pointer	22	0	12th	1

Wroxham 5k 7/4/2016 standings after 1 Race