

Mens Highest Standards Awards Dinner 2016

Bronze Standard

Paul Groves	5 Mile & 10k
Graham Robson	10k
Paul Allen	5 Mile 20 Mile & Marathon
Stewart Marden	10 mile & ½ marathon

Silver Standard

Ben Gaskin	5k
Nick Hudson	10k
James Fuller	½ Marathon
James Lambert	10k & ½ Marathon
Scott Chadwick	20 Mile
Scott Shrubsall	5k & 10m
Tom Johnson	5k, 10k & 10 Mile
David Brailey	5k, 5 Mile & 10k
Dean Blake	½ Marathon
Paul Gerber	½ Marathon
Zep Ciarla	20 Mile
Graham Johnson	5k, 10k & ½ Marathon
Owen Barber	5k
Martin Bagnall	5 Mile & 10 Mile
Peter-Kean Cockburn	5k & 10 Miles
Michael Fairchild	½ Marathon

Gold Standard

Andy Mulligan	5k, 5Mile, 10k & ½ Marathon
Ben Dennington	5k, 5 Mile & 10k
Alan Bushell	20 Mile & ½ Marathon
Peter Nelson	½ Marathon
Zac Mace	10 Mile ½ Marathon 20 mile & Marathon
Melvyn Porter	5k, 10k, 10 Mile & ½ Marathon
Paul Taylor	½ Marathon
Rod Bye	5k, ½ Marathon & 20 Mile
David Platten	5 Mile
Sze-Ming Cheung	10k & Marathon

Diamond Standard

Jeremy Lawrence	5k, 5 Mile, 10k, 10 Mile & ½ Marathon
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Platinum Standard

Ken Bowman	5k, 5 Mile, 10k, 10 Miles, ½ Marathon & 20 Mile
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