

**Ladies Highest Standards**  
**Awards Dinner 2016**

**BRONZE STANDARD**

Clare Hicks      5k & 5 Mile  
Carolyn Gerber   5k  
Nicola John      10k & ½ Marathon  
Claire Owen      10k  
Jenny Barrett    5k  
Sharn Ponsford   10k

**SILVER STANDARD**

Melanie Burch   ½ Marathon  
Emma Wilcock   5k & ½ Marathon  
Nicola Holden   5k, 10k & ½ Marathon  
Adele Bushell   10k & ½ Marathon  
Jackie Gooch    5k, 5 Mile, 10k, 10 Mile & ½ Marathon  
Dee Neal        5k, 20 Mile  
Alicia Lacey     5k  
Emma Jordan    ½ Marathon  
Sonya Wragg    ½ Marathon  
Deb Jones       5k, Half Marathon, Full Marathon

**GOLD STANDARD**

Jilly Cole        5k  
Jackie Bye       ½ Marathon  
Vicky Tovell     10k  
Ellie Bye        ½ Marathon, 20 miles & Marathon

**DIAMOND STANDARD**

Becky Durant    5k  
Alex Bland       5k  
Sue Allen        5 Mile & ½ Marathon  
Heather Hollister 10k & ½ Marathon  
Rosemary Jackson ½ Marathon

**PLATINUM STANDARD**

Sue Allen        5k