

The Mike Groves 10 Mile Charity Run								
Sunday 21st June 2015								
Pos	Finish time	Chip time	First name	Last name	Sex	Club/Company	Age category	Bibno.
1	00:57:31	00:57:30	Richard	Bateson	M	Yeovil Town Road Running Club	M 15 - 39	24
2	00:59:10	00:59:10	Chris	Merrylees	M	North Norfolk Beach Runners	M 15 - 39	130
3	00:59:31	00:59:31	Jamie	Seamark	M	North Norfolk Beach Runners	M 40 - 49	129
4	00:59:47	00:59:46	John	Moore	M	Norfolk Gazelles	M 50 - 59	107
5	00:59:51	00:59:51	Daniel	Rock	M	Ryston Runners AC	M 15 - 39	59
6	01:03:12	01:03:11	Tim	Larke	M	Stowmarket Striders RC	M 40 - 49	46
7	01:03:32	01:03:31	Toby	Morrell	M	Triharder	M 15 - 39	81
8	01:03:37	01:03:36	Ian	Milburn	M	Ryston Runners AC	M 15 - 39	31
9	01:04:35	01:04:34	Dale	Hurren	M	Norfolk Gazelles	M 50 - 59	57
10	01:04:36	01:04:35	Tamara	Jordan	F	Stowmarket Striders RC	F 15 - 39	84
11	01:04:52	01:04:50	Shaun	Webb	M	Reepham Runners	M 40 - 49	75
12	01:05:14	01:05:13	Mark	Clues	M	Tri Anglia	M 40 - 49	124
13	01:06:01	01:05:59	Mark	Garrett	M	Norwich Road Runners	M 50 - 59	11
14	01:06:11	01:06:10	Jason	Brunt	M	Norfolk Gazelles	M 40 - 49	87
15	01:06:18	01:06:16	Kimberley	Morrison	F	Tri Anglia	F 15 - 39	119
16	01:07:41	01:07:40	Darren	Honour	M		M 40 - 49	127
17	01:08:00	01:07:59	Stephen	Dady	M	Wymondam AC	M 60+	105
18	01:08:39	01:08:37	Garv	Raby	M		M 15 - 39	62
19	01:09:29	01:09:27	Robin	Belsom	M	Ipswich Jaffa RC	M 50 - 59	4
20	01:09:42	01:09:42	Paul	Gardner	M		M 40 - 49	41
21	01:09:43	01:09:41	Kevin	Sadd	M		M 40 - 49	6
22	01:09:52	01:09:45	Paul	Smith	M	Norwich Road Runners	M 40 - 49	117
23	01:10:06	01:10:04	Darren	Armstrong	M	North Norfolk Beach Runners	M 40 - 49	101
24	01:10:06	01:10:03	Mel	Porter	M	Coltishall Jaguars	M 40 - 49	131
25	01:12:23	01:12:21	Paul	Spooner	M		M 15 - 39	64
26	01:12:35	01:12:32	Matthew	Dawson	M	Norwich Road Runners	M 15 - 39	71
27	01:12:50	01:12:41	Chris	Chorley	M	Bungay Black Dog RC	M 50 - 59	13
28	01:13:07	01:13:05	Andy	Rowles	M	Dereham Runners	M 50 - 59	26
29	01:13:39	01:13:33	Deborah	English	F	Norwich Road Runners	F 15 - 39	99
30	01:14:19	01:14:16	Andrew	Hawes	M	Reepham Runners	M 15 - 39	77
31	01:14:28	01:14:25	Tim	Woods	M	Norfolk Gazelles	M 50 - 59	63
32	01:15:31	01:15:28	Gary	Beauchamp	M		M 50 - 59	38
33	01:15:57	01:15:53	Mark	Storey	M	City of Norwich AC	M 50 - 59	65
34	01:15:57	01:15:54	Sabina	Spence	F	City of Norwich AC	F 40 - 49	113
35	01:16:15	01:16:11	Steven	Baker	M		M 40 - 49	79
36	01:16:39	01:16:36	Pete	Thompson	M	Norfolk Gazelles	M 50 - 59	109
37	01:17:59	01:17:56	Paul	Rivers	M	Great Yarmouth Road Runners	M 15 - 39	126
38	01:18:00	01:17:56	Richard	Dye	M	Bungay Black Dog RC	M 50 - 59	52
39	01:18:04	01:18:03	Dianne	Hughes	F	Stowmarket Striders RC	F 50 - 59	55
40	01:18:55	01:18:47	Phil	Shaul	M		M 40 - 49	97
41	01:19:02	01:18:59	Michael	Grand	M	Reepham Runners	M 40 - 49	69
42	01:19:20	01:19:20	Ray	Clayden	M		M 50 - 59	45
43	01:19:26	01:19:16	Paul	Eves	M		M 15 - 39	49
44	01:19:34	01:19:28	Chris	Hosier	M	Dereham Runners	M 15 - 39	94
45	01:19:52	01:19:49	Penny	Studley	F	Great Yarmouth Road Runners	F 40 - 49	125
46	01:20:03	01:19:57	Gavin	Thouless	M	Norwich Road Runners	M 40 - 49	96
47	01:20:04	01:19:59	Matt	Howes	M	Norwich Road Runners	M 40 - 49	32
48	01:20:14	01:20:05	Michael	Barrett	M	Dereham Runners	M 50 - 59	74
49	01:20:36	01:20:31	Dianne	Bird	F		F 50 - 59	121
50	01:20:39	01:20:35	Alison	Stewart	F	Reepham Runners	F 50 - 59	123
51	01:21:40	01:21:36	Mark	Smith	M		M 40 - 49	25

52	01:21:42	01:21:35	Nicky	Dowson	F	Norwich Road Runners	F 40 - 49	8
53	01:21:51	01:21:46	Richard	Bell	M		M 40 - 49	40
54	01:21:56	01:21:49	Ruth	Gaunt	F	Norwich Road Runners	F 40 - 49	88
55	01:22:38	01:22:33	David	Platten	M		M 50 - 59	122
56	01:22:53	01:22:46	John	Newell	M	Wymondam AC	M 40 - 49	72
57	01:23:31	01:23:27	Stephen	Curnow	M	Norwich Road Runners	M 15 - 39	98
58	01:23:41	01:23:37	Catherine	Belson	F	Stowmarket Striders RC	F 40 - 49	5
59	01:23:52	01:23:48	Alice	Kirk	F	Bungay Black Dog RC	F 15 - 39	111
60	01:23:54	01:23:50	Stuart	Young	M	Bungay Black Dog RC	M 50 - 59	112
61	01:23:54	01:23:46	Bob	Paul	M	Bungay Black Dog	M 60+	128
62	01:23:58	01:23:53	Lorrain	Dawson	F	Great Yarmouth Road Runners	F 50 - 59	91
63	01:24:21	01:24:21	Rowley	Kurtz	M		M 50 - 59	44
64	01:24:22	01:24:18	Claire	Baker	F	Great Yarmouth Road Runners	F 15 - 39	80
65	01:25:34	01:25:28	Stacey	Harper	F	Norwich Road Runners	F 15 - 39	23
66	01:25:34	01:25:27	Alice	Bodger	F	Norwich Road Runners	F 15 - 39	27
67	01:26:02	01:25:53	Michael	Franks	M		M 50 - 59	104
68	01:26:13	01:26:05	Bobbie	Sauerzapf	F	Bungay Black Dog RC	F 50 - 59	12
69	01:26:26	01:26:22	Graham	Sampson	M	Bungay Black Dog RC	M 60+	58
70	01:26:27	01:26:20	Victoria	Jones	F	Norwich Road Runners	F 15 - 39	118
71	01:26:28	01:26:20	Maureen	Hamis	F	Norwich Road Runners	F 40 - 49	21
72	01:26:28	01:26:26	Rajesh	Logasundaram	M		M 40 - 49	33
73	01:27:42	01:27:36	Sam	Barwick	F	Norfolk Gazelles	F 40 - 49	108
74	01:27:43	01:27:40	Dudley	Garner	M	Norfolk Gazelles	M 15 - 39	43
75	01:27:47	01:27:40	Julie	Gardner	F		F 50 - 59	42
76	01:28:29	01:28:24	Gill	Woodhouse	F	Dereham Runners	F 60+	17
77	01:29:45	01:29:38	Liz	Jones	F	Norwich Road Runners	F 15 - 39	16

