

Fritton Lake XC Duathlon Results - 17th Feb 2013

Pos	M/F Pos.	No	Name	Surname	BTF No.	Club	Gender		Age Group	Run 1 (incl. T1)	Pos.	Bike (incl. T2)	Pos.	Run 2	Pos.	Total
1	1	80	Iain	Robertson	E1035416	Tri-Anglia	Male	G	35-39	00:11:52	2	00:25:56	2	00:06:17	2	00:44:05
2	2	22	Lee	Cook	E1043072	Rock Estate	Male	E	25-29	00:12:31	4	00:25:52	1	00:06:31	3	00:44:54
3	3	4	John	Battrick			Male	D	20-24	00:11:39	1	00:27:36	5	00:06:15	1	00:45:30
4	4	63	Toby	Morrell	E1031533	Tri-Anglia	Male	F	30-34	00:12:40	6	00:26:11	3	00:06:56	8	00:45:47
5	5	56	Jay	Lingwood	E1044676	Rock Estate	Male	E	25-29	00:12:44	7	00:27:40	6	00:06:32	4	00:46:56
6	6	17	Ian	Chatten		Iceni Velo	Male	I	45-49	00:13:31	13	00:26:52	4	00:07:06	10	00:47:29
7	7	97	Mark	Tickner	E1044182	Cambridge tri club	Male	F	30-34	00:12:44	8	00:28:10	7	00:06:45	5	00:47:39
8	8	33	dan	foster	E1041002		Male	I	45-49	00:13:26	11	00:28:15	8	00:06:46	6	00:48:27
9	9	26	Matt	Day			Male	A	Youth	00:13:38	14	00:28:17	9	00:07:09	12	00:49:04
10	10	21	tom	cook			Male	D	20-24	00:13:10	9	00:29:27	13	00:07:24	15	00:50:01
11	11	96	Rob	Thornton		Tri-Anglia	Male	F	30-34	00:12:31	5	00:30:45	19	00:06:56	9	00:50:12
12	12	74	Andrew	Pipe		ROKtri	Male	F	30-34	00:14:21	18	00:28:53	11	00:07:47	22	00:51:01
13	13	10	Robert	Boylin		Bike Science - Boardman Elite	Male	B	17-18	00:12:30	3	00:31:50	26	00:06:53	7	00:51:13
14	14	45	Jim	Harbord		Chinley Churners Cycling Club	Male	H	40-44	00:14:31	22	00:28:49	10	00:08:05	28	00:51:25
15	15	100	mark	turner		GYDAC	Male	I	45-49	00:13:29	12	00:31:05	20	00:07:08	11	00:51:42
16	16	14	alan	bushell		coltishall jaguars	Male	H	40-44	00:14:04	16	00:29:48	15	00:07:53	25	00:51:45
17	17	19	Tom	Collier		Lowestoft Road Runners	Male	F	30-34	00:14:23	19	00:29:57	16	00:07:31	17	00:51:51
18	18	7	Rick	Berry		Human Performance Unit	Male	G	35-39	00:14:20	17	00:30:03	17	00:07:35	18	00:51:58
19	19	174	stuart	whinney			Male	H	40-44	00:14:39	24	00:29:35	14	00:07:50	24	00:52:04
20	20	175	Guy	Wightman			Male	J	50-54	00:15:17	31	00:29:02	12	00:08:16	30	00:52:35
21	21	36	Gary	Fryer	E1043799	Tri Anglia	Male	F	30-34	00:14:38	23	00:30:15	18	00:08:13	29	00:53:06
22	22	28	Ben	Dennington	E3125694	Coltishall Jaguars	Male	E	25-29	00:13:20	10	00:32:59	36	00:07:25	16	00:53:44
23	23	93	matthew	sutton		great yarmouth road runners	Male	E	25-29	00:13:51	15	00:33:09	38	00:07:19	14	00:54:19
24	1	85	Kate	Scotter	E1039147	Tri-Anglia	Female	F	30-34	00:15:04	27	00:31:31	23	00:07:49	23	00:54:24
25	2	180	Sophie	Wright			Female	A	Youth	00:15:08	28	00:31:29	22	00:07:59	26	00:54:36
26	24	88	Tony	Sorensen			Male	F	30-34	00:14:57	25	00:31:33	24	00:08:33	37	00:55:03
27	25	83	Sean	Sampson			Male	I	45-49	00:15:02	26	00:31:40	25	00:08:27	34	00:55:09
28	26	46	Matt	Hardy		Wymondham AC	Male	H	40-44	00:15:45	35	00:32:17	30	00:07:46	21	00:55:48
29	27	12	Kevin	Burgess	E1042517	Tri-Anglia	Male	H	40-44	00:14:29	21	00:33:58	42	00:07:36	19	00:56:03

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30	28	15	trevor	calton-moore			Male	J	50-54	00:15:11	29	00:32:07	28	00:08:52	49	00:56:10
31	29	47	Peter	Harley	E1039047	East Essex Tri Club	Male	J	50-54	00:15:12	30	00:33:23	39	00:07:41	20	00:56:16
32	30	71	mark	peach		Great Yarmouth Roadrunners	Male	H	40-44	00:15:55	39	00:32:15	29	00:08:30	35	00:56:40
33	31	73	Craig	Pickford	E1045516	Rosendale Tri	Male	H	40-44	00:16:02	44	00:32:02	27	00:08:44	43	00:56:48
34	32	181	Zak	Coleman			Male	A	Youth	00:15:55	40	00:31:21	21	00:09:53	67	00:57:09
35	33	23	simon	cook			Male	I	45-49	00:16:09	45	00:32:24	31	00:08:41	41	00:57:14
36	34	31	mark	elflett		lowestoft road runners	Male	J	50-54	00:16:20	50	00:32:49	35	00:08:18	31	00:57:27
37	3	68	Clare	O'Neill	E1042549	Hadleigh Hares AC	Female	G	35-39	00:16:01	42	00:32:46	34	00:08:47	47	00:57:34
38	35	84	Christopher	Sawford			Male	F	30-34	00:16:10	46	00:32:28	32	00:09:03	57	00:57:41
39	36	82	Jack	Sales			Male	F	30-34	00:14:23	20	00:36:18	51	00:07:10	13	00:57:51
40	37	32	Roy	Finch			Male	H	40-44	00:16:47	55	00:32:32	33	00:08:40	40	00:57:59
41	38	20	darren	collison			Male	H	40-44	00:15:44	34	00:33:35	40	00:08:54	52	00:58:13
42	39	94	martyn	taylor			Male	I	45-49	00:16:34	53	00:33:03	37	00:08:45	45	00:58:22
43	4	58	Claire	Martin	E1031173	Tri-Anglia	Female	G	35-39	00:16:02	43	00:33:46	41	00:08:38	38	00:58:26
44	40	48	Paul	Harrod			Male	F	30-34	00:16:23	52	00:34:04	43	00:08:02	27	00:58:29
45	41	55	Paul	Kemp			Male	J	50-54	00:16:19	49	00:34:38	44	00:08:47	46	00:59:44
46	42	51	warren	hytch	E1042905	waveney valley AC	Male	H	40-44	00:16:12	47	00:35:34	46	00:08:25	33	01:00:11
47	43	67	antony	norris			Male	H	40-44	00:15:45	36	00:35:50	48	00:08:59	55	01:00:34
48	44	65	Oliver	Nash			Male	F	30-34	00:16:16	48	00:35:23	45	00:08:57	53	01:00:36
49	45	2	Matthew	Askins			Male	G	35-39	00:15:32	33	00:36:09	49	00:08:59	56	01:00:40
50	46	61	Jason	Moore			Male	H	40-44	00:15:31	32	00:39:07	60	00:08:32	36	01:03:10
51	47	40	Lee	Goddard			Male	H	40-44	00:15:56	41	00:37:52	53	00:09:34	62	01:03:22
52	48	8	Jon	Beverley			Male	F	30-34	00:17:33	62	00:35:42	47	00:10:15	70	01:03:30
53	49	69	Matthew	parke			Male	H	40-44	00:18:28	66	00:36:16	50	00:08:54	50	01:03:38
54	50	6	Robert	Belcher			Male	K	55-59	00:17:21	59	00:36:42	52	00:09:42	64	01:03:45
55	51	78	Ricardo H	Ramirez Gonzalez			Male	E	25-29	00:17:01	57	00:38:30	54	00:08:44	44	01:04:15
56	52	98	Ian	Tooley		Yarmouth Road Runners	Male	J	50-54	00:16:43	54	00:38:40	56	00:08:57	54	01:04:20
57	53	92	Steve	Stringer		GYRR	Male	I	45-49	00:16:51	56	00:38:37	55	00:09:04	59	01:04:32
58	5	25	Lorrain	Dawson		Gyrr	Female	J	50-54	00:17:22	60	00:38:40	57	00:09:03	58	01:05:05

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59	6	89	Lucy	Steele			Female	F	30-34	00:17:54	64	00:38:53	58	00:09:18	60	01:06:05
60	7	43	Emily	Hannant		Coltishall Jaguars	Female	D	20-24	00:15:50	37	00:41:49	66	00:08:43	42	01:06:22
61	54	90	Jake	Steele			Male	G	35-39	00:17:53	63	00:38:56	59	00:09:40	63	01:06:29
62	8	39	Louise	Goddard			Female	H	40-44	00:17:20	58	00:39:48	62	00:10:19	71	01:07:27
63	55	87	Martin	Stacey			Male	K	55-59	00:17:26	61	00:42:51	67	00:08:54	51	01:09:11
64	9	66	Kezia	Norris			Female	A	Youth	00:15:52	38	00:45:35	71	00:08:24	32	01:09:51
65	56	1	Clive	Archer			Male	F	30-34	00:20:58	73	00:39:20	61	00:09:45	65	01:10:03
66	57	9	Chris	Bowles			Male	E	25-29	00:18:42	70	00:41:34	64	00:10:03	68	01:10:19
67	58	29	Chris	Dye		Old School MTB	Male	I	45-49	00:18:06	65	00:42:52	68	00:09:52	66	01:10:50
68	59	79	matthew	reynolds	E3139511	lowestoft road runners	Male	F	30-34	00:16:22	51	00:47:03	73	00:08:38	39	01:12:03
69	10	173	Wendy	Westerhoff			Female	I	45-49	00:18:30	67	00:44:54	70	00:09:30	61	01:12:54
70	11	59	Sophie	Mclellan			Female	E	25-29	00:18:39	69	00:44:13	69	00:10:07	69	01:12:59
71	60	16	Toby	Catlin		Caplin Systems	Male	F	30-34	00:20:31	72	00:40:00	63	00:12:29	73	01:13:00
72	12	99	Cathy	Tooley		Yarmouth Road Runners	Female	I	45-49	00:18:32	68	00:45:42	72	00:08:47	48	01:13:01
73	13	54	laura	keenan			Female	F	30-34	00:19:52	71	00:41:47	65	00:11:23	72	01:13:02
74	61	11	Alan	Brooks			Male	F	30-34	00:21:04	74	DNF		DNF		DNF