

<b>The Jolly Jaguars 10K</b>									
<b>Sunday 24th September 2017</b>									
<b>Pos</b>	<b>Gun Time</b>	<b>Chip Time</b>	<b>Name</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>	<b>Race No</b>	<b>Gen Pos</b>	<b>Cat Pos</b>
1	00:37:16	00:37:15	Jakub Skalka		Male	Male 15 - 39	285	1	1
2	00:37:45	00:37:45	Angus Clark	Harling AC	Male	Male 15 - 39	58	2	2
3	00:37:50	00:37:50	Sam Lines	Waveney Valley AC	Female	Female 15 - 39	179	1	1
4	00:37:58	00:37:58	Marc Evans	Great Yarmouth Road Runners	Male	Male 15 - 39	101	3	3
5	00:38:30	00:38:30	Thomas Harvey	Norwich Road Runners	Male	Male 15 - 39	145	4	4
6	00:38:48	00:38:48	Carl White	Norwich Road Runners	Male	Male 15 - 39	327	5	5
7	00:39:13	00:39:12	Perry Payne	Norwich Road Runners	Male	Male 15 - 39	231	6	6
8	00:39:15	00:39:14	Lynton Battrick	North Norfolk Beach Runners	Male	Male 40 - 44	19	7	1
9	00:39:22	00:39:22	David Thomas	Norwich Road Runners	Male	Male 15 - 39	308	8	7
10	00:40:13	00:40:11	Sean Donoghue	Long Dale Striders	Male	Male 45 - 49	91	9	1
11	00:40:36	00:40:34	Jason Brunt	Norfolk Gazelles	Male	Male 45 - 49	40	10	2
12	00:40:41	00:40:35	Ian Richardson	Cambridge & Coleridge AC	Male	Male 50 - 54	257	11	1
13	00:40:47	00:40:47	Matt Howard		Male	Male 15 - 39	155	12	8
14	00:41:00	00:40:56	Craigy Alexander	Tri-Anglia	Male	Male 15 - 39	3	13	9
15	00:41:01	00:40:54	Dan Goodwin		Male	Male 15 - 39	125	14	10
16	00:41:10	00:41:07	Nathan Edwards		Male	Male 15 - 39	98	15	11
17	00:41:27	00:41:20	David Stevens		Male	Male 15 - 39	292	16	12
18	00:41:32	00:41:24	Ben Burgess		Male	Male 15 - 39	46	17	13
19	00:41:39	00:41:39	George Crane		Male	Male 15 - 39	372	18	14
20	00:41:44	00:41:44	Matt Buckoke	Great Yarmouth Road Runners	Male	Male 40 - 44	43	19	2
21	00:41:51	00:41:50	Glen Nelson	Team Skipper	Male	Male 60 - 67	213	20	1
22	00:41:52	00:41:49	Michael Wilkinson		Male	Male 15 - 39	331	21	15
23	00:42:26	00:42:24	Jonny Ray		Male	Male 15 - 39	246	22	16
24	00:42:30	00:42:30	James Carass	Great Yarmouth Road Runners	Male	Male 15 - 39	48	23	17
25	00:42:39	00:42:36	Steven Baker	Great Yarmouth Road Runners	Male	Male 40 - 44	14	24	3
26	00:42:40	00:42:40	Rowena Leary	Norfolk Gazelles	Female	Female 15 - 39	176	2	2
27	00:42:43	00:42:43	Lorena Latisaite	Ryston Runners AC	Female	Female 15 - 39	173	3	3
28	00:42:47	00:42:47	Nigel Horney	Keswick AC	Male	Male 55 - 59	153	25	1
29	00:42:53	00:42:52	Steven Franklin		Male	Male 40 - 44	108	26	4
30	00:42:57	00:42:54	Leon Neeve	Waveney Valley AC	Male	Male 40 - 44	209	27	5
31	00:42:59	00:42:57	Roisin Marks	Norwich Road Runners	Female	Female 15 - 39	190	4	4
32	00:43:04	00:43:03	Stephen Dady	Wymondham AC	Male	Male 60 - 67	79	28	2
33	00:43:37	00:43:34	Chris Vernon		Male	Male 15 - 39	320	29	18
34	00:43:40	00:43:32	Andrew Barrett	Wymondham AC	Male	Male 45 - 49	18	30	3
35	00:43:40	00:43:40	Neville Clarke	Newmarket Joggers	Male	Male 60 - 67	61	31	3
36	00:43:42	00:43:29	Antony Croucher	Waveney Valley AC	Male	Male 15 - 39	72	32	19
37	00:43:44	00:43:37	Joanna Killingworth	Norwich Road Runners	Female	Female 40 - 44	169	5	1
38	00:43:48	00:43:44	Mark Mountain	Great Yarmouth Road Runners	Male	Male 40 - 44	204	33	6
39	00:43:51	00:43:47	Robert Brown	Blackheath & Bromley Harriers	Male	Male 60 - 67	39	34	4
40	00:44:01	00:44:01	Lee Bryer	Reepham Runners	Male	Male 40 - 44	41	35	7
41	00:44:03	00:44:03	Matthew Grimwood		Male	Male 40 - 44	130	36	8
42	00:44:17	00:44:17	John Dungar	Bure Valley Harriers	Male	Male 15 - 39	93	37	20
43	00:44:32	00:44:27	Paul Cottrell	Norfolk Gazelles	Male	Male 45 - 49	70	38	4
44	00:44:38	00:44:36	Neil Wackpole	Norwich Road Runners	Male	Male 45 - 49	355	39	5
45	00:44:43	00:44:38	Laszlo Pall		Male	Male 15 - 39	223	40	21
46	00:44:48	00:44:44	Mark Stone	Great Yarmouth Road Runners	Male	Male 45 - 49	294	41	6
47	00:44:51	00:44:38	Stefan White	Reepham Runners	Male	Male 15 - 39	328	42	22
48	00:44:54	00:44:54	Chris Howard		Male	Male 15 - 39	154	43	23
49	00:45:03	00:45:03	Matt Frary		Male	Male 45 - 49	368	44	7
50	00:45:05	00:44:58	Melissa Fewtrell		Female	Female 15 - 39	343	6	5
51	00:45:09	00:44:55	Neil Bunnage	Norwich Road Runners	Male	Male 50 - 54	45	45	2
52	00:45:15	00:45:02	Gary Cheesman		Male	Male 15 - 39	55	46	24
53	00:45:20	00:44:48	Stuart Main	Runner Ducks RC	Male	Male 15 - 39	187	47	25
54	00:45:23	00:45:13	Neil Boyce	Norwich Road Runners	Male	Male 40 - 44	32	48	9
55	00:45:25	00:45:23	Stacey Harper	Norwich Road Runners	Female	Female 15 - 39	142	7	6
56	00:45:26	00:45:23	Paul Smith	Norwich Road Runners	Male	Male 45 - 49	358	49	8
57	00:45:34	00:45:29	K Brighty	Race Marshal			351		
58	00:45:55	00:45:55	Joanna Colley		Female	Female 15 - 39	67	8	7
59	00:46:15	00:46:15	Chris Deal	Harling AC	Male	Male 15 - 39	86	50	26
60	00:46:19	00:46:19	Paul Reeve	Great Yarmouth Road Runners	Male	Male 45 - 49	247	51	9

61	00:46:22	00:46:22	Wayne Ramsbottom		Male	Male 50 - 54	245	52	3
62	00:46:23	00:46:15	Lee Oxbury	Norfolk Gazelles	Male	Male 45 - 49	346	53	10
63	00:46:26	00:46:24	Brian Munns	Newmarket Joggers	Male	Male 50 - 54	205	54	4
64	00:46:31	00:46:31	Shaun Kay	Lowestoft Road Runners	Male	Male 40 - 44	360	55	10
65	00:46:33	00:46:33	Nick Ross	Norfolk Gazelles	Male	Male 45 - 49	266	57	11
66	00:46:33	00:46:33	William Howe	Harling AC	Male	Male 50 - 54	157	56	5
67	00:46:36	00:46:36	Andy Rowles	Dereham Runners AC	Male	Male 55 - 59	268	58	2
68	00:46:38	00:46:35	Jamie Tufts		Male	Male 15 - 39	315	59	27
69	00:46:42	00:46:30	Richard Huggins	Norwich Road Runners	Male	Male 15 - 39	161	60	28
70	00:46:43	00:46:43	Toni George	Great Yarmouth Road Runners	Female	Female 40 - 44	118	9	2
71	00:46:43	00:46:43	Shane Smith		Male	Male 40 - 44	287	61	11
72	00:46:46	00:46:35	Michael Clark		Male	Male 15 - 39	59	62	29
73	00:46:52	00:46:43	Simon Howard		Male	Male 40 - 44	156	63	12
74	00:46:59	00:46:58	Jenny Sheahan		Female	Female 55 - 59	280	10	1
75	00:47:05	00:47:05	Laura Devereux	Bungay Black Dog RC	Female	Female 45 - 49	88	11	1
76	00:47:13	00:47:13	Jane Hannah	Tri-Anglia	Female	Female 15 - 39	137	12	8
77	00:47:13	00:47:13	Tom Pullinger	Bungay Black Dog RC	Male	Male 45 - 49	241	64	12
78	00:47:16	00:47:06	Warren Newell		Male	Male 55 - 59	214	65	3
79	00:47:41	00:47:24	Frazer Brooks		Male	Male 15 - 39	36	66	30
80	00:47:44	00:47:33	James Grantham	Harling AC	Male	Male 50 - 54	126	67	6
81	00:47:48	00:47:27	Gareth Allen	BMRC	Male	Male 40 - 44	5	68	13
82	00:47:52	00:47:49	Andrew Thomas	Great Yarmouth Road Runners	Male	Male 40 - 44	307	69	14
83	00:47:55	00:47:39	Gary Thurtle		Male	Male 40 - 44	312	70	15
84	00:48:10	00:48:10	Paul Berner	Coltishall Jaguars	Male	Male 40 - 44	24	71	16
85	00:48:17	00:48:17	Robert Sharratt	Burton AC	Male	Male 55 - 59	277	72	4
86	00:48:25	00:48:25	David Adderson		Male	Male 15 - 39	2	73	31
87	00:48:35	00:48:26	Carl Fawkes		Male	Male 40 - 44	103	74	17
88	00:48:42	00:48:22	Matt Morley	BMRC	Male	Male 45 - 49	203	75	13
89	00:48:46	00:48:46	David Sheahan		Male	Male 55 - 59	281	76	5
90	00:48:48	00:48:48	Richard Sage		Male	Male 15 - 39	269	77	32
91	00:48:58	00:48:54	Jonathan Matthews		Male	Male 40 - 44	193	78	18
92	00:49:03	00:48:45	Graham Cornish	North Norfolk Beach Runners	Male	Male 45 - 49	69	79	14
93	00:49:04	00:49:04	Jodie Causer	Norwich Road Runners	Female	Female 15 - 39	53	13	9
94	00:49:07	00:48:52	Paul Youngman	Tri-Anglia	Male	Male 40 - 44	370	80	19
95	00:49:12	00:48:54	Richard Davis		Male	Male 40 - 44	84	81	20
96	00:49:12	00:48:56	Ian Edwards	Norfolk Gazelles	Male	Male 40 - 44	369	82	21
97	00:49:13	00:49:01	Daniel Crowder		Male	Male 15 - 39	73	84	33
98	00:49:13	00:49:03	Gavin Thouless	Norwich Road Runners	Male	Male 45 - 49	311	83	15
99	00:49:21	00:49:16	Andy Tubb		Male	Male 55 - 59	314	85	6
100	00:49:33	00:49:24	Nicci Clark	Harling AC	Female	Female 45 - 49	56	14	2
101	00:49:43	00:49:43	Becky Garratt	North Norfolk Beach Runners	Female	Female 15 - 39	117	15	10
102	00:49:43	00:49:34	Stephen Roe	North Norfolk Beach Runners	Male	Male 50 - 54	265	86	7
103	00:49:44	00:49:29	William Wright		Male	Male 15 - 39	339	88	34
104	00:49:44	00:49:35	Adrian Dyde	North Norfolk Beach Runners	Male	Male 55 - 59	95	87	7
105	00:49:47	00:49:34	Andy Oakley		Male	Male 15 - 39	356	89	35
106	00:49:54	00:49:26	Michael Strefford		Male	Male 15 - 39	296	90	36
107	00:49:55	00:49:29	Mr Shaw		Male	Male 15 - 39	278	91	37
108	00:50:02	00:49:43	Jamie Mordecai		Male	Male 15 - 39	202	92	38
109	00:50:05	00:49:46	Simon Griffith		Male	Male 15 - 39	129	93	39
110	00:50:09	00:50:09	Vanessa May	Lowestoft Road Runners	Female	Female 15 - 39	363	16	11
111	00:50:10	00:50:02	James Bishop		Male	Male 40 - 44	340	95	22
112	00:50:10	00:49:49	Colin Alford		Male	Male 50 - 54	4	94	8
113	00:50:11	00:49:51	Simon Lawler		Male	Male 55 - 59	174	96	8
114	00:50:12	00:49:57	Jonathan Cole		Male	Male 15 - 39	66	97	40
115	00:50:20	00:50:02	Thomas Nudd	Norwich Road Runners	Male	Male 15 - 39	217	98	41
116	00:50:21	00:50:00	Joshua Lane		Male	Male 15 - 39	345	99	42
117	00:50:24	00:50:24	Darryn Ralph		Male	Male 15 - 39	244	100	43
118	00:50:31	00:50:14	Paula Smith		Female	Female 40 - 44	286	17	3
119	00:50:32	00:50:24	Samantha Ralph		Female	Female 15 - 39	243	18	12
120	00:50:33	00:50:15	Helen Thatcher		Female	Female 45 - 49	306	19	3
121	00:50:38	00:50:16	Michael Sudds		Male	Male 40 - 44	299	101	23
122	00:50:39	00:50:28	Joanna Godwin	Wymondham AC	Female	Female 40 - 44	122	20	4
123	00:50:42	00:50:42	Howard Tully		Male	Male 60 - 67	316	102	5
124	00:50:45	00:50:31	Emmaalouise Smith	Norwich Road Runners	Female	Female 15 - 39	288	21	13
125	00:50:45	00:50:29	Sarah Bird	Bure Valley Harriers	Female	Female 15 - 39	29	22	14

126	00:50:56	00:50:44	Michelle Bull	Fetch Everyone	Female	Female 45 - 49	44	23	4
127	00:50:57	00:50:57	Bethan Abbs		Female	Female 15 - 39	1	24	15
128	00:51:07	00:50:57	Leon Carrara		Male	Male 55 - 59	50	103	9
129	00:51:16	00:51:05	Stuart Lusher	Dereham Runners AC	Male	Male 55 - 59	185	104	10
130	00:51:20	00:51:20	Mike Ottley	Reepham Runners	Male	Male 68+	220	105	1
131	00:51:22	00:51:22	Robert Richards		Male	Male 50 - 54	256	106	9
132	00:51:23	00:51:09	Liam Hackett	Norwich Road Runners	Male	Male 15 - 39	131	107	44
133	00:51:36	00:51:25	Chris Hill		Male	Male 40 - 44	149	108	24
134	00:51:39	00:51:39	Diane Pamplin		Female	Female 60 - 67	230	25	1
135	00:51:44	00:51:27	Sarah Reynolds		Female	Female 15 - 39	252	26	16
136	00:51:47	00:51:47	Luke Fairweather		Male	Male 15 - 39	102	109	45
137	00:51:57	00:51:51	Victoria Pollington	Jeff Fit	Female	Female 15 - 39	238	27	17
138	00:52:02	00:52:02	Matthew Anderson		Male	Male 15 - 39	7	110	46
139	00:52:08	00:52:08	Graeme Rockett	Wymondham AC	Male	Male 50 - 54	263	111	10
140	00:52:10	00:51:58	Michael Persich		Male	Male 60 - 67	232	112	6
141	00:52:12	00:51:44	Mark Keenan		Male	Male 40 - 44	166	113	25
142	00:52:15	00:51:51	Laura Noakes		Female	Female 15 - 39	216	28	18
143	00:52:20	00:52:20	Lee Johnson		Male	Male 15 - 39	344	114	47
144	00:52:33	00:52:33	Vivien Leanne Saunders	Lowestoft Road Runners	Female	Female 15 - 39	362	29	19
145	00:52:52	00:52:42	Jo Ross		Female	Female 45 - 49	267	30	5
146	00:52:55	00:52:40	Chris Varley		Male	Male 45 - 49	319	115	16
147	00:53:06	00:52:54	David Litchfield	Norwich Road Runners	Male	Male 40 - 44	180	116	26
148	00:53:09	00:53:09	Lizza Frary	Norwich Road Runners	Female	Female 15 - 39	109	31	20
149	00:53:13	00:52:55	Dianne Bird		Female	Female 50 - 54	30	32	1
150	00:53:20	00:53:04	Annie Leung		Female	Female 40 - 44	177	33	5
151	00:53:27	00:53:12	Sarah Cole		Female	Female 15 - 39	65	34	21
152	00:53:34	00:53:01	Ian Case		Male	Male 55 - 59	51	117	11
153	00:53:43	00:53:10	Christopher High		Male	Male 40 - 44	148	118	27
154	00:53:49	00:53:14	Sheryl Goodwin		Female	Female 45 - 49	367	35	6
155	00:53:53	00:53:53	Debra Kay	Lowestoft Road Runners	Female	Female 40 - 44	361	36	6
156	00:53:53	00:53:37	Andrew Goodman	Birstall RC	Male	Male 68+	124	119	2
157	00:53:55	00:53:40	Jude Durrant	Fetch Everyone	Female	Female 45 - 49	94	38	7
158	00:53:55	00:53:40	Carol Betts	Norfolk Gazelles	Female	Female 60 - 67	25	37	2
159	00:53:56	00:53:40	Anne Ellen	Norfolk Gazelles	Female	Female 60 - 67	365	39	3
160	00:53:57	00:53:55	Jim Withers	Newmarket Joggers	Male	Male 60 - 67	334	120	7
161	00:53:58	00:53:58	Nicola Rivett		Female	Female 45 - 49	261	40	8
162	00:54:01	00:53:31	Jayne Hudson		Female	Female 40 - 44	160	41	7
163	00:54:14	00:53:56	Amii Andrews	Norwich Road Runners	Female	Female 15 - 39	9	42	22
164	00:54:17	00:54:17	John Pamplin		Male	Male 60 - 67	229	121	8
165	00:54:19	00:54:02	Keith Moore	Dereham Runners AC	Male	Male 50 - 54	201	122	11
166	00:54:20	00:54:02	Janice Moore	Dereham Runners AC	Female	Female 50 - 54	200	43	2
167	00:54:33	00:54:04	David Petch		Male	Male 50 - 54	233	123	12
168	00:54:38	00:54:28	Brent Swann-Aufer		Male	Male 55 - 59	354	124	12
169	00:54:40	00:54:40	Gary Tuttle		Male	Male 50 - 54	317	125	13
170	00:54:41	00:54:41	Rachael Huggins	Norwich Road Runners	Female	Female 15 - 39	162	44	23
171	00:54:51	00:54:36	Katherine Wright	North Norfolk Beach Runners	Female	Female 15 - 39	338	45	24
172	00:55:07	00:55:07	Claire Richards		Female	Female 50 - 54	255	46	3
173	00:55:22	00:55:22	James Plunkett		Male	Male 40 - 44	237	126	28
174	00:55:40	00:55:03	Mark Riseborough		Male	Male 40 - 44	259	127	29
175	00:55:46	00:55:23	Lynda Howard		Female	Female 45 - 49	347	47	9
176	00:55:53	00:55:53	Vicki Main	Runner Ducks RC	Female	Female 15 - 39	188	48	25
177	00:55:54	00:55:40	Camilla Darling	Waveney Valley AC	Female	Female 15 - 39	80	49	26
178	00:55:58	00:55:57	Richard Eldridge		Male	Male 15 - 39	99	128	48
179	00:56:06	00:56:06	Sadie Smith		Female	Female 40 - 44	289	50	8
180	00:56:06	00:55:51	Sam Wall	Norwich Road Runners	Female	Female 45 - 49	322	51	10
181	00:56:08	00:56:08	Rob Bailey	Great Yarmouth Road Runners	Male	Male 50 - 54	13	129	14
182	00:56:10	00:55:54	Andrew Bird	Bure Valley Harriers	Male	Male 55 - 59	28	130	13
183	00:56:21	00:56:07	Lindsey Anderson		Female	Female 15 - 39	6	52	27
184	00:56:25	00:56:25	Sarah Fry	Harling AC	Female	Female 40 - 44	113	53	9
185	00:56:33	00:56:09	Emma Goldsmith		Female	Female 40 - 44	123	54	10
186	00:56:49	00:56:28	Carolyn Lawler		Female	Female 55 - 59	175	55	2
187	00:56:50	00:56:30	Claire Gilbert		Female	Female 15 - 39	120	56	28
188	00:56:58	00:56:34	Jo Rice	Bungay Black Dog RC	Female	Female 15 - 39	254	57	29
189	00:56:59	00:56:35	Colin Arterton		Male	Male 45 - 49	10	131	17
190	00:57:16	00:57:16	Liz Harris	North Norfolk Beach Runners	Female	Female 40 - 44	143	58	11

191	00:57:16	00:56:56	Trudi Bradley		Female	Female 45 - 49	33	59	11
192	00:57:17	00:57:09	Jackie Eastaugh-King		Female	Female 55 - 59	97	60	3
193	00:57:25	00:57:10	Georgina Wall	Norwich Road Runners	Female	Female 15 - 39	321	61	30
194	00:57:26	00:56:53	Wayne Sutton		Male	Male 40 - 44	300	132	30
195	00:57:29	00:57:04	Rachael Pizey	Norwich Road Runners	Female	Female 15 - 39	235	63	31
196	00:57:29	00:57:04	Claire Smith	Norwich Road Runners	Female	Female 45 - 49	359	62	12
197	00:57:32	00:57:32	Gemma Aylen	Great Yarmouth Road Runners	Female	Female 15 - 39	12	64	32
198	00:57:38	00:57:18	Bruce Clark		Male	Male 45 - 49	57	133	18
199	00:57:43	00:57:22	Katie Fenn		Female	Female 15 - 39	105	65	33
200	00:57:44	00:57:32	Samantha Deal		Female	Female 15 - 39	87	66	34
201	00:57:56	00:57:23	Leigh Taylor	Great Yarmouth Road Runners	Male	Male 45 - 49	304	134	19
202	00:57:57	00:57:57	Kelly Shaw		Female	Female 15 - 39	279	67	35
203	00:57:58	00:57:29	David Murrell		Male	Male 40 - 44	206	135	31
204	00:58:04	00:58:04	Kerry Varley		Female	Female 40 - 44	318	68	12
205	00:58:09	00:57:55	Thomas Beach		Male	Male 15 - 39	21	136	49
206	00:58:29	00:58:17	Carol Ann Sharratt	Hatton Darts Running Club	Female	Female 60 - 67	276	69	4
207	00:58:34	00:58:17	Pandora Buck	Great Yarmouth Road Runners	Female	Female 50 - 54	42	70	4
208	00:58:45	00:58:21	Paul Cunningham		Male	Male 15 - 39	75	137	50
209	00:58:51	00:58:31	Lyn Ottaway	Wymondham AC	Female	Female 40 - 44	219	71	13
210	00:58:59	00:58:26	Jacqui Millard		Female	Female 15 - 39	197	72	36
211	00:59:04	00:59:04	Tim Cheesman		Male	Male 15 - 39	357	138	51
212	00:59:15	00:59:15	Nicola Kermez		Female	Female 15 - 39	168	73	37
213	00:59:18	00:59:18	Dawn Pammenter		Female	Female 45 - 49	228	74	13
214	00:59:20	00:59:06	Kiara Hamis	Norwich Road Runners	Female	Female 15 - 39	364	75	38
215	00:59:26	00:59:06	Hannah Purvis	Wymondham AC	Female	Female 15 - 39	242	76	39
216	00:59:30	00:58:56	Stephen Dye		Male	Male 45 - 49	96	139	20
217	00:59:35	00:59:27	Sue Emmett		Female	Female 45 - 49	100	77	14
218	00:59:46	00:59:24	April Davey		Female	Female 15 - 39	83	78	40
219	00:59:47	00:59:28	Hannah Cunningham		Female	Female 15 - 39	76	79	41
220	00:59:48	00:59:30	Clare Barnard		Female	Female 15 - 39	17	80	42
221	00:59:55	00:59:30	Joanne Forster	Norwich Road Runners	Female	Female 40 - 44	107	81	14
222	00:59:56	00:59:56	Laura Pitchford		Female	Female 15 - 39	234	82	43
223	00:59:59	00:59:28	Ann Hughes	Race Marshal	Female	Female 45 - 49	352	83	15
224	01:00:18	00:59:55	Jo Brakenbury		Female	Female 40 - 44	34	84	15
225	01:00:37	01:00:37	Chris Hayes		Male	Male 15 - 39	353	140	52
226	01:00:49	01:00:37	Joe Baxter		Male	Male 15 - 39	20	141	53
227	01:01:07	01:01:07	Steve Sharp		Male	Male 50 - 54	275	142	15
228	01:01:08	01:00:36	Jess Sanderson		Female	Female 15 - 39	270	85	44
229	01:01:12	01:00:59	Laura Waters		Female	Female 40 - 44	324	86	16
230	01:01:13	01:00:43	Amelia Sissons		Female	Female 15 - 39	284	87	45
231	01:01:31	01:01:01	Kate Bultitude		Female	Female 40 - 44	341	88	17
232	01:01:40	01:01:15	Andrew Breen		Male	Male 55 - 59	35	143	14
233	01:01:50	01:01:33	Penny Hannant		Female	Female 15 - 39	138	89	46
234	01:01:55	01:01:20	Samantha Beales		Female	Female 15 - 39	22	90	47
235	01:02:08	01:02:08	Anna Gant		Female	Female 15 - 39	115	91	48
236	01:02:15	01:02:15	Katie Halmshaw		Female	Female 15 - 39	134	92	49
237	01:02:16	01:01:54	Steve Hallam		Male	Male 45 - 49	133	144	21
238	01:02:25	01:01:48	Quinton Haverson		Male	Male 45 - 49	146	145	22
239	01:02:37	01:02:10	Elizabeth Green	Norwich Road Runners	Female	Female 15 - 39	128	93	50
240	01:02:42	01:02:16	Emily Thacker		Female	Female 15 - 39	305	94	51
241	01:02:55	01:02:55	Linda Palmer		Female	Female 15 - 39	225	95	52
242	01:02:57	01:02:37	Tina Cloney	Thorpe St Andrews Running Club	Female	Female 45 - 49	62	96	16
243	01:03:04	01:03:04	Jenna Kemp	Great Yarmouth Road Runners	Female	Female 15 - 39	167	97	53
244	01:03:11	01:02:49	Stephanie Clark		Female	Female 55 - 59	60	98	4
245	01:03:14	01:02:47	Lauren Burton		Female	Female 15 - 39	47	99	54
246	01:03:38	01:03:14	Jazmine Rennie		Female	Female 15 - 39	248	100	55
247	01:03:54	01:03:27	Karen Richardson	Cambridge & Coleridge AC	Female	Female 50 - 54	258	101	5
248	01:04:13	01:04:01	Diane Thompson	City of Norwich AC	Female	Female 55 - 59	310	102	5
249	01:04:22	01:03:55	John Causer	Norwich Road Runners	Male	Male 68+	54	146	3
250	01:04:34	01:04:09	Johanna Lloyd	Norwich Road Runners	Female	Female 40 - 44	181	103	18
251	01:04:47	01:04:47	Lauren Sqaunce	Norwich Road Runners	Female	Female 15 - 39	291	104	56
252	01:04:50	01:04:17	Catherine Whiting		Female	Female 15 - 39	329	105	57
253	01:04:51	01:04:51	Ricky Creed		Male	Male 15 - 39	71	147	54
254	01:04:55	01:04:17	David Pugh		Male	Male 68+	240	148	4
255	01:04:58	01:04:54	George Rodgers		Male	Male 15 - 39	264	149	55

256	01:05:04	01:04:33	Graeme Hall		Male	Male 40 - 44	132	150	32
257	01:05:04	01:05:04	Claudio Freitas		Male	Male 50 - 54	112	151	16
258	01:05:08	01:04:42	Becky Hardy		Female	Female 15 - 39	140	106	58
259	01:05:09	01:05:09	Leanne Hardy		Female	Female 15 - 39	141	107	59
260	01:05:19	01:04:45	Lauren Wolfe	Church Hill Surgery	Female	Female 15 - 39	336	108	60
261	01:05:20	01:05:14	Tammy De Freitas		Female	Female 40 - 44	85	109	19
262	01:05:26	01:04:51	Ian Freel	Team Dunerunner	Male	Male 55 - 59	110	152	15
263	01:05:27	01:05:27	Ellie Witt		Female	Female 15 - 39	335	110	61
264	01:05:39	01:05:02	Jo Hocking		Female	Female 15 - 39	152	111	62
265	01:05:39	01:05:02	Andy Palmer-Randle		Male	Male 40 - 44	227	153	33
266	01:05:40	01:05:40	Daniel Lane		Male	Male 40 - 44	171	154	34
267	01:06:06	01:05:30	Rachel Mather		Female	Female 15 - 39	192	112	63
268	01:06:11	01:05:41	Anita Wilson		Female	Female 45 - 49	333	113	17
269	01:06:26	01:06:04	Clare Broughton		Female	Female 40 - 44	37	114	20
270	01:06:29	01:05:53	Nikki Neile		Female	Female 15 - 39	212	115	64
271	01:06:37	01:06:05	Helen Driver		Female	Female 45 - 49	92	116	18
272	01:06:51	01:06:19	Catherine Atkinson		Female	Female 40 - 44	11	117	21
273	01:06:51	01:06:19	Alex Triplow		Female	Female 40 - 44	313	118	22
274	01:07:24	01:06:53	Joanne Mason		Female	Female 45 - 49	191	119	19
275	01:07:29	01:07:24	Flora Szalacs		Female	Female 15 - 39	302	120	65
276	01:07:45	01:07:13	Lisa Condron		Female	Female 40 - 44	342	121	23
277	01:07:45	01:07:12	Debbie Thompson		Female	Female 55 - 59	309	122	6
278	01:07:47	01:07:47	Anita Miah		Female	Female 15 - 39	196	123	66
279	01:07:52	01:07:16	Nipharat Rabuenam		Female	Female 15 - 39	350	124	67
280	01:07:56	01:07:20	Jinda Hills		Female	Female 40 - 44	349	125	24
281	01:08:04	01:07:57	Sharon Saunders		Female	Female 45 - 49	271	126	20
282	01:08:09	01:07:37	Lesley George		Female	Female 50 - 54	119	127	6
283	01:08:45	01:08:19	Katherine Mann	Norwich Road Runners	Female	Female 15 - 39	189	128	68
284	01:08:47	01:08:47	Charlotte Dixon		Female	Female 15 - 39	90	129	69
285	01:09:21	01:08:52	Heather Jermy	Norwich Road Runners	Female	Female 15 - 39	164	130	70
286	01:09:25	01:09:25	Stephanie Shore	Norwich Road Runners	Female	Female 15 - 39	282	131	71
287	01:09:26	01:09:26	Emma Soanes	Viking Fitness Norwich	Female	Female 15 - 39	290	132	72
288	01:10:25	01:09:59	Cheryl Robinson		Female	Female 45 - 49	262	133	21
289	01:10:39	01:10:08	Claire Scott	North Norfolk Beach Runners	Female	Female 45 - 49	273	134	22
290	01:10:47	01:10:24	Hayley Jones		Female	Female 15 - 39	165	135	73
291	01:11:22	01:11:22	Sharon Sweet		Female	Female 45 - 49	301	136	23
292	01:11:30	01:11:30	Sarah Ireland		Female	Female 40 - 44	163	137	25
293	01:12:00	01:11:32	Dennis Wells		Male	Male 60 - 67	326	155	9
294	01:12:25	01:12:25	Julian Giles		Male	Male 55 - 59	121	156	16
295	01:13:02	01:13:02	Stephen Pizey	Norwich Road Runners	Male	Male 50 - 54	236	157	17
296	01:13:05	01:12:28	Claire Riseborough		Female	Female 40 - 44	260	138	26
297	01:13:56	01:13:56	Hayley Hissett		Female	Female 15 - 39	151	139	74
298	01:13:58	01:13:58	Michelle Hanslip	RunDMC	Female	Female 15 - 39	139	140	75
299	01:14:59	01:14:25	Catherine Whittaker		Female	Female 15 - 39	330	141	76
300	01:15:04	01:14:37	Rachel Seaman		Female	Female 40 - 44	274	142	27
301	01:15:15	01:14:38	Emma Youngman	Norwich Road Runners	Female	Female 40 - 44	371	143	28
302	01:15:49	01:15:49	Kirsty Loftus		Female	Female 15 - 39	183	144	77
303	01:16:26	01:16:26	Karen Stubberfield	North Norfolk Beach Runners	Female	Female 50 - 54	297	145	7
304	01:17:31	01:16:53	Clare Simmons		Female	Female 55 - 59	283	146	7
305	01:18:14	01:17:48	Hayley Mace	Thorpe St Andrews Running Club	Female	Female 15 - 39	186	147	78
306	01:18:32	01:18:32	Anna Lewis		Female	Female 40 - 44	178	148	29
307	01:18:48	01:18:14	Kim Howson		Female	Female 15 - 39	159	149	79
308	01:19:12	01:19:12	Charles Fenech		Male	Male 68+	104	158	5
309	01:23:25	01:22:55	Justeene Hammond		Female	Female 45 - 49	136	150	24
310	01:27:48	01:27:17	Dawn Mountain	Fit2Run	Female	Female 50 - 54	366	151	8
311	01:31:25	01:30:51	Jennifer Norris		Female	Female 15 - 39	348	152	80
312	01:43:12	01:42:49	Rosie Newstead		Female	Female 15 - 39	215	153	81
313	01:43:12	01:42:49	Lucy Harrison		Female	Female 45 - 49	144	154	25