

Award winners for the Jolly Jaguars on the 25th September 2016

First lady in a time of	45.21	Jannice Manning	Ryston R
Second lady in a time of	45.38	Nicola John	Colt Jaguars
Third lady in a time of	46.43	Maria Spillane	unattached
First lady aged 15 – 39		Jessica Behan	unattached
First lady aged 40 – 44		Beth King	Gazelles
First lady aged 45 – 49		Sabrina Spence	Conac
First lady aged 50 – 54		Samantha Stedman Jones	Bungay BD
First lady aged 55 – 59		Allison Stewart	Norwich RR
First lady aged 60 – 64		Lesley Torun	unattached
First lady aged 65 – 69		Sandra Ankers	Huncote H
First lady aged 70 plus		Dianne Crosby	NNBR
Senior Ladies team		Norwich Road Runners	
		Lisa Hall	
		Vicky Jones	
		Maureen Harris	
Veteran Ladies Team		Gt Yarmouth Road Runners	
		Julie Webster	
		Loraine Dawson	
		Pandora Buck	

First man in a time of	34.09	Dominic Oliver	Conac
Second man in a time of	35.30	Tom Greenacre	Conac
Third man in a time of	35.31	Chris Merrylees	NNBR
First man aged 15 – 39		Tony Morrell	NNBR
First man aged 40 – 44		Matthew Allen	unattached
First man aged 45 – 49		Ian Moore	WAC
First man aged 50 – 54		Mark Garrett	Norwich RR
First man aged 55 – 59		Nigel Horney	Keswick
First man aged 60 – 64		Glen Nelson	Tri Anglia
First man aged 65 – 69		Sam Weller	NNBR
First man aged 70 plus		Mike Otley	Reepham
Senior Mens team		North Norfolk Beach Runners	
		Chris Merrylees	
		Toby Morrell	
		Chris Parker	
Veteran Mens Team		Norwich Road Runners	
		Mark Garrett	
		Chris Bullock	
		Mark Coles	