

Award winners for the Mike Groves Run on the 5th June 2016

First lady in a time of	41.03	Alexandra Smith	Wymondham
Second lady in a time of	41.43	Siew Yen Loke	Conac
Third lady in a time of	42.00	Sarah Peachey	Norwich RR
First lady aged 15 – 39		Lorena Latisaite	Ryston
First lady aged 40 – 44		Debbie Tooke	Norwich RR
First lady aged 45 – 49		Sharon Hurren	Wymonham
First lady aged 50 – 54		Sally Cushing	Norwich RR
First lady aged 55 – 59		Allison Stewart	Norwich RR
First lady aged 60 – 64		Anne Ellen	Gazelles
First lady aged 65 – 69		Gill Woodhouse	Dereham RR

Senior Ladies Team

Norwich Road Runners:

Sarah Peachey

Stacey Harper

Alexandra Bland

Veteran Ladies Team

Wymondham A C:

Alexandra Smith

Sharon Hurren

Claire Brooke

First man in a time of	33.42	Callum Stanford	Ryston R
Second man in a time of	35.07	Tom Greenacre	Conac
Third man in a time of	35.17	Michal Wegrzyn	
First man aged 15 – 39		Alistair Robinson	Gazelles
First man aged 40 – 44		Steve Ely	Wymondham
First man aged 45 – 49		Darren Honour	GYRR
First man aged 50 – 54		Mark Garrett	Norwich RR
First man aged 55 – 59		Robert Cheverton	Lowerstoft RR
First man aged 60 – 64		Glen Nelson	Tri Anglia
First man aged 65 – 69		Graham Cox	BVH
First man aged 70 plus		Mike Smith	Wymondham
Senior Mens Team		Ryston Runners:	
		Callum Stanforth	
		Ian Milburn	
		Adam Howard	
Veteran Mens Team		Norwich Road Runners:	
		Mark Garrett	
		Sze-Ming Cheung	
		Mark Betts	

