

**Award Winners for the
Mad March Hare on the 20th March 2016**

Ladies:

First lady in a time of 38.54 Sarah Imbush Southend AC

Second lady in a time of 41.54 Sarah Peachey Norwich RR

Third lady in a time of 42.27 Julie Parsley Conac

First lady aged 15 – 39 Rachel Gibbings Norwich RR

First lady aged 40 – 44 Christina Walker NNBR

First lady aged 45 – 49 Sharon Bardwell Norwich RR

First lady aged 50 – 54 Sally Cushing Norwich RR

First lady aged 55 – 59 Allison Stewart Norwich RR

First lady aged 60 – 64 Anne Millet Norwich RR

First lady aged 65 – 69 Gill Woodhouse Dereham RR

Senior Ladies' Team Norwich Road Runners

Sarah Peachey
Rachel Gillings
Ali Middleton

Veteran Ladies' Team Norwich Road Runners

Sharon Bardwell
Sally Cushing
Allison Stewart

Men:

First man in a time of	33.42	Carl Goose	BVH
Second man in a time of	35.07	Marcus Sladden	Bungay Black Dog
Third man in a time of	35.17	Jack Gillick	WAC

First man aged 15 – 39	Neil Pollard	Newmarket Joggers
First man aged 40 – 44	Phil Whiting	Norfolk Gazelles
First man aged 45 – 49	Scott Walford	BVH
First man aged 50 – 54	John Christopher	NNBR
First man aged 55 – 59	John Gay	NNBR
First man aged 60 – 64	Glen Nelson	Tri Anglia
First man aged 65 – 69	Sam Weller	NNBR
First man aged 70 plus	Mike Ottley	Reepham Runners

Senior Men's team Norwich Road Runners

Richard Johnson
Chris Mickleburgh
Josh Brighty

Veteran Men's Team Norwich Road Runners

Sze-Ming Cheung
Mark Betts
David Tandy