

Award winners for the Jolly Jaguar 10k on the 2nd August 2015

First Lady in a time of 43.52 Rowena Leary Norfolk Gazelles

Second Lady in a time of 45.00 Lisa Hall NRR

Third Lady in a time of 45.12 Natasha Rout WAC

First Lady aged 15 – 39 Kaylee Brown Conac

First Lady aged 40 – 44 Karen Glenister

First Lady aged 45 – 49 Niki Park NRR

First Lady aged 50 – 54 Wendy Fisher Ryston

First Lady aged 55 – 59 Lorrain Dawson GYRR

First Lady aged 60 + Jane Ashby Ryston

First Lady unattached to any club Louise Lewis

Senior Ladies Team Wymondham A C

Natasha Rout

Christine Lakey

Charlotte Richardson

Veteran Ladies Team Great Yarmouth R R

Lorraine Dawson

Jody Donaldson

Julie Webster

First Man in the time of	34.44	Richard Bateson ,Yeovil T
Second Man in the time of	35.01	Callum Stanforth , Ryston R
Third Man in the time of	36.40	Danny Rock , Ryston T
First Man aged 15 – 39		Justin Kinsey Ryston
First Man aged 40 – 44		Richard Hayes GYRR
First Man aged 45 – 49		Trevor Wood
First Man aged 50 – 54		Mark Garret NRR
First Man aged 55 – 59		Paul Muffett NNBR
First Man aged 60 +		Steve Dady WAC

First Man unattached to any club Jamie Conyard

Senior Mens Team

Ryston Runners

Callum Stanforth

Danny Rock

Justin Kinsey

Veteran Mens Team

North Norfolk Beach Runners

Paul Muffet

Sean Robson

John Gay