

**Result of the Ladies Senior Team team competition.**

(3 competitors per team. Based on cumulative position.)

<b>1 : Great Yarmouth Road Runners</b>				<i>Race</i>	<i>Race</i>
<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>		
4	0:47:05	DESBOROUGH, Tamsin	Ladies 15-39	203	71
10	0:49:19	SIMNETT, Nina	Ladies 15-39	243	93
13	0:52:02	BAKER, Claire	Ladies 15-39	241	113

**Result of the Mens Senior Team team competition.**

(3 competitors per team. Based on cumulative position.)

<b>1 : Norwich Road Runners</b>				<i>Race</i>	<i>Race</i>
<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>		
5	0:35:31	HEWETSON, Martin	Men 15-39	138	5
16	0:42:47	GURNEY, Nick	Men 15-39	18	39
21	0:44:18	BOND, Danny	Men 15-39	219	48

**Result of the Ladies Veteran Team team competition.**

(3 competitors per team. Based on cumulative position.)

<b>1 : Norwich Road Runners</b>				<i>Race</i>	<i>Race</i>
<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>		
1	0:45:56	GODWIN, Jo	Ladies 40-44	110	59
3	0:46:57	STEELE, Ruth	Ladies 45-49	201	69
4	0:47:27	MILLETT, Anne	Ladies 55-59	105	73

**Result of the Mens Veteran Team team competition.**

(3 competitors per team. Based on cumulative position.)

<b>1 : Norwich Road Runners</b>				<i>Race</i>	<i>Race</i>
<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>		
2	0:38:05	HURREN, Dale	Men 55-59	86	8
3	0:38:15	GRAND, Adie	Men 45-49	92	9
4	0:39:06	GARRETT, Mark	Men 50-54	103	12