Dates 2013	24th Feb	28th April	9th June	7th July	25th Aug	22nd Sept	10th Nov
	(5k)	(10k)	(5k)	(7m)	(5m)	(5m)	(10m)
Andrew Mulligan				51.17			
Annette Yeomanson	31.44	1.08.06					
Ben Dennington					34.15		
Ben Letzer		42.34			40.52		
Dean Blake			19.48				
Dee Neal			28.29				
Emma Blake							1.36.53
Jackie Bye							1.22.58
Jackie Gooch		59.16	27.53				
James Queripel					40.49		
Jeremy Lawrence	23.33	46.04	21.57	50.47	35.18	35.51	1.19.55
Joseph West	22.58						
Ken Bowman		44.31			35.04		
Mark Harmer	19.46		19.22		40.42	36.48	
Martin Bagnell			22.06	55.20			
Mel Porter	19.45	42.43			40.45	34.18	1.12.24
Melanie Burch	23.49	50.17				40.39	1.20.59
Michael Fairchild		51.18		59.16			
Orla Cobb		1.02.50					
Owen Barber			25.53	1.03.45			1.27.00
Paul Gerber				1.00.42	41.26	47.18	
Paul Groves	32.53				40.11		
Peter Cobb		47.48		55.45			1.18.48
Peter Kean-Cockburn	26.28		25.49				
Rosemary Jackson					48.00		1.38.02
Scott Chadwick						36.44	
Shirley Wilcock	32.52						
Sonya Wragg				1.00.35			
Stewart Marden	21.42	44.28	21.56	51.28	35.53		
Sze-Ming Cheung		44.07					
Vicky Tovell	24.41						
William Robinson	24.35						