

Marriott's Way 10k, 9th October 2011, 11am

Place	Time	Race number	Name	Sex	Age	Classification	Club
1	0.37.17	77	Steven Cannell	M	23	M Senior	City of Norwich AC
2	0.38.55	171	PHILIP WAITY	M	18	M Senior	WYMONDHAM
3	0.39.01	29	Mark Clues	M	44	M40-44	Tri-Anglia
4	0.39.04	191	ADAM CRASKE	M	24	M Senior	BUNGAY BLACK DOG RUNNING CLUB
5	0.40.57	175	BENJAMIN BAILEY	M	42	M40-44	TRI-ANGLIA TRIATHLON CLUB
6	0.40.59	7	Stephen Rolfe	M	55	M senior	n/a
7	0.41.29	27	Zac Mace	M	37	M Senior	Coltishall Jaguars
8	0.42.15	22	Ryan Honeyman	M	33	M senior	n/a
9	0.43.25	176	SAMUEL HALL	M	25	M Senior	NORWICH ROAD RUNNERS
10	0.43.49	114	MARK STOREY	M	46	M45-49	CONAC
11	0.44.11	59	Paul Vincent	M	36	M Senior	n/a
12	0.44.23	189	NEIL TARBET	M	35	M Senior	
13	0.45.00	154	GARY ASHMAN	M	45	M45-49	
14	0.45.01	190	ALEX HALL	M	26	M Senior	
15	0.45.16	124	KEVIN TURTILL	M	52	M50-54	
16	0.45.29	197	PATRICK LARKE	M	54	M50-54	WYMONDHAM AC
17	0.45.38	201	Louise Evans	F	38	F Senior	
18	0.45.52	99	Colin Cannell	M	53	M50-54	n/a
19	0.45.54	90	Susi Crane	F	44	F40-44	n/a
20	0.45.59	100	Mark Ogden	M	40	M40-44	
21	0.46.02	192	PENNY EDWARDS	F	56	F55-59	NORWICH ROAD RUNNERS
22	0.46.05	No number					
23	0.46.12	166	DAVID ASKER	M	27	M Senior	
24	0.46.17	119	ROBIN HARRIS	M	48	M45-49	HORSHAM JOGGERS
25	0.46.30	179	PAUL FRENCH	M	26	M Senior	
26	0.46.37	80	Emma Elliott	F	31	F Senior	n/a
27	0.46.42	24	Mark Lee	M	54	M50-54	n/a
28	0.46.46	33	Jim Hayes	M	65	M60+	North Norfolk Beach Run
29	0.47.58	130	STEPHEN MOSELEY	M	44	M40-44	
30	0.48.23	68	Andrew Parker	M	46	M45-49	n/a

31	0.48.36	89	James	Woodrow	M	57	M55-59	The Arthur Sporting Club
32	0.48.50	76	Polly	Wake	F	38	F senior	Reepham Runners
33	0.48.54	200	ROSE	IRVINE	F	33	F Senior	
34	0.48.57	165	ROSS	CARTER	M	28	M Senior	
35	0.48.58	4	Mark	Stirmey	M	53	M senior	Northants Police
36	0.48.59	157	JULIAN	SMITH	M	42	M40-44	
37	0.49.08	105	MATT	HUNN	M	41	M40-44	
38	0.49.13	46	Ken	Price	M	61	M60+	Dereham R.A.C.
39	0.49.15	131	PHILIP	LINTURN	M	63	M60+	
40	0.49.18	45	Sue	Allen	F	52	F50-54	Coltishall Jaguars
41	0.49.25	87	Simon	Hagg	M	44	M40-44	
42	0.49.33	146	Shaun	LOWTHORPE	M	38	M Senior	
43	0.49.40	69	Michael	Holness	M	47	M45-49	n/a
44	0.49.42	61	Hayley	Toleman	F	26	F Senior	n/a
45	0.49.46	34	Rob	Osborne	M	51	M50-54	North Norfolk Beach Run
46	0.49.50	103	ADAM	BANHAM	M	31	M Senior	
47	0.49.50	39	Trevor	Molyneux	M	49	M45-49	n/a
48	0.50.00	108	PETER	CANAVAN	M	26	M Senior	
49	0.50.02	16	Jamie	Haystead	M	17	Msenior	n/a
50	0.50.10	187	DANIEL	NOLAN	M	46	M45-49	
51	0.50.24	17	Paul	Haystead	M	42	Msenior	n/a
52	0.50.41	140	SAMANTHA	HAWES	F	32	F Senior	
53	0.50.46	13	Simon	Atha	M	23	M senior	n/a
54	0.50.50	132	BEN	DUNNE	M	32	M Senior	
55	0.50.56	147	ANDREW	LILLYCROP	M	26	M Senior	
56	0.50.57	144	SHARON	PAGE	F	40	F40-44	
57	0.51.00	38	Paul	Wright	M	37	Msenior	n/a
58	0.51.49	106	JAMIE	HALL	M	32	M Senior	
59	0.51.59	186	TERRY	DOWNING	M	57	M55-59	
60	0.52.06	37	Heather	Hollister	F	60	F60+	Coltishall Jaguars
61	0.52.11	97	David	Goodwin	M	65	M60+	n/a
62	0.52.19	14	Marie	Laidler	F	34	Fsenior	Norwich Road Runners
63	0.52.30	182	PAUL	MURFITT	M	41	M40-44	

64	0.52.42	156	PAUL	GOULSBRA	M	42	M40-44	
65	0.52.53	196	MICHAEL	BREEZE	M	44	M40-44	
66	0.53.05	91	Michael	White	M	56	M55-59	n/a
67	0.53.15	180	DANIELLE	THORNE	F	26	F Senior	
68	0.53.21	84	Frances	Hardman	F	34	Fsenior	n/a
69	0.53.23	1	Maria	Alborough	F	30	F senior	n/a
70	0.53.31	167	SIMON	BOWMAN	M	40	M40-44	
71	0.53.31	81	David	Morton	M	43	M40-44	n/a
72	0.53.36	159	NAOMI	JARVIS	F	33	F Senior	
73	0.53.40	158	ROGER	CRANE	M	46	M45-49	
74	0.53.54	18	Alec	Fraser	M	70	Msenior	North Norfolk Beach Run
75	0.53.58	134	KATHRYN	HAMMOND	F	37	F Senior	NORWICH ROAD RUNNERS
76	0.54.11	15	Jon	Holt	M	36	Msenior	n/a
77	0.54.16	164	ALISTAIR	SHEARER	M	26	M Senior	
78	0.54.26	44	Sarah	Bays	F	44	F40-44	n/a
79	0.54.29	139	ROBERT	HAWES	M	42	M40-44	
80	0.54.31	64	Emma	Lunny	F	35	F Senior	n/a
81	0.54.38	21	Philip	Neave	M	63	M 60+	Bungay Black
82	0.54.48	50	John Philip	Conaty	M	54	M50-54	n/a
83	0.55.12	113	PHIL	WILTON	M	44	M40-44	
84	0.55.19	92	Carly	Jermy	F	32	F Senior	Norwich Road Runners
85	0.55.20	155	CHRISTINE	BREEZE	F	51	F50-54	
86	0.55.22	36	Emma	Killerby	F	33	Fsenior	n/a
87	0.55.25	168	JOE	RAHMAN	M	42	M40-44	
88	0.55.28	150	NATASHA	RUSSELL - CLAFF	F	34	F Senior	
89	0.55.31	199	TAMMY	SMITH	F	32	FSenior	NORWICH ROAD RUNNERS
90	0.55.35	51	Charlotte	Kippin	F	42	F40-44	n/a
91	0.55.44	104	MERLE	RISEBOROUGH	M	36	M Senior	
92	0.55.52	60	Paul	Jacobs	M	36	MSenior	n/a
93	0.56.01	71	Kim	Barber	F	54	F50-54	n/a
94	0.56.02	152	STEPHEN	MCCARTHY	M	47	M45-49	
95	0.56.02	73	Laura	Chapman	F	29	FSenior	n/a
96	0.56.03	47	Lucy	Naylor	F	34	FSenior	n/a

97	0.56.04	72	Paul	Andrews	M	53	M50-54	
98	0.56.10	183	MARK	GARROD	M	51	M50-54	
99	0.56.17	28	Will	Carpenter	M	47	M45-49	n/a
100	0.56.20	118	GRAHAM	DUNN	M	42	M40-44	
101	0.56.28	30	Susan	Smith	F	49	F45-49	Tri-Anglia
102	0.56.32	117	MAX	THOMPSON	M	16	MSenior	
103	0.56.50	35	Andi	Osborne	F	57	F50-54	North Norfolk Beach Run
104	0.57.09	93	Lynsey	Belcher	F	27	FSenior	Norwich Road Runners
105	0.57.16	83	Julie	Harding	F	41	F40-44	n/a
106	0.57.53	145	LIZ	CLUES	F	40	F40-44	
107	0.58.29	73	Laura	Chapman	F	29	FSenior	n/a
108	0.58.37	138	JULIA	KENNELLY	F	38	F Senior	WYMONDHAM AC
109	0.58.46	193	SYLVIA	DADY	F	31	FSenior	GYRR
110	0.58.46	194	STEPHEN	DADY	M	59	M55-59	GYRR
111	0.59.05	56	Sharon	Hunter	F	42	F40-44	n/a
112	0.59.06	57	Bobby	Kelly	F	43	F40-44	n/a
113	0.59.10	82	Marie	Hall	F	31	Fsenior	n/a
114	0.59.22	42	Andrea	Usher	F	38	Fsenior	n/a
115	0.59.31	67	Andrew	Yaxley	M	43	M40-44	n/a
116	0.59.36	96	Robert	Belcher	M	53	M50-54	Norwich Road Runners
117	0.59.39	86	Jacquie	Wood	F	59	F55-59	Dereham R.A.C.
118	1.00.13	8	Graham	Bloomfield	M	31	M senior	n/a
119	1.00.23	48	Elizabeth	Hulme	F	42	F40-44	n/a
120	1.00.31	58	Stuart	Palmer	M	42	M40-44	n/a
121	1.00.38	55	Rosie	Butler	F	60	F 60+	n/a
122	1.01.05	20	Matthew	Beckett	M	19	M senior	n/a
123	1.01.13	74	Anne	Whitehorn	F	30	FSenior	n/a
124	1.01.14	78	Dawn	Moore	F	51	F 50-54	n/a
125	1.01.15	79	Jo	McCash	F	44	F40-44	n/a
126	1.02.04	153	RICK	PAGE	M	49	M45-49	
127	1.02.08	62	Hamish	Melville	M	50	M50-54	n/a
128	1.02.22	122	KERRY	WARNES	F	34	F Senior	
129	1.02.26	198	WENDY	LARKE	F	46	F45-49	WYMONDHAM AC

130	1.02.34	133	DANIEL	PERRY	M	22	M Senior	
131	1.03.05	135	PETER	WARREN	M	55	M55-59	CITY OF NORWICH AC
132	1.03.21	184	SARAH	BRYANT	F	33	F Senior	
133	1.03.42	129	ALISON	BUCK	F	30	F Senior	
134	1.04.12	32	Anne	Joyce	F	39	Fsenior	
135	1.05.37	94	Kerry	Belcher	F	30	FSenior	Norwich Road Runners
136	1.05.58	110	PETER	REUBEN	M	31	M Senior	
137	1.06.20	95	Kim	Belcher	F	53	F50-54	Norwich Road Runners
138	1.06.57	31	Sarah	Daniels	F	44	S40-44	
139	1.07.22	53	Elizabeth	Stafford	F	30	FSenior	n/a
140	1.07.22	54	Angela	Moss	F	34	FSenior	n/a
141	1.07.25	177	MARIE	BUNTING	F	35	F Senior	
142	1.07.33	75	Barbara	Gaylor	F	51	F50-54	n/a
143	1.08.07	136	CHRISTINE	WARREN	F	55	F55-59	NORFOLK GAZELLES
144	1.08.14	116	DEBORAH	HALL	F	45	F45-49	
145	1.08.20	115	DIANE	THOMPSON	F	49	F45-49	
146	1.08.59	163	STEPHEN	SMITH	M	27	M Senior	
147	1.08.59	161	JACQUI	MUNFORD	F	38	F Senior	
148	1.09.12	88	Hayley	McConnell	F	45	F45-49	n/a
149	1.09.46	23	Valerie	Minns	F	55	F55-59	n/a
150	1.10.36	2	Eddie	McNight	M	42	M40-44	n/a
151	1.10.58	3	Kaye	Dodd	F	33	Fsenior	n/a
152	1.11.03	120	FARZ	SEDDIGH	M	41	40-44	
153	1.11.03	169	TONY	WERNER	M	42	M40-44	ORPINGTON ROAD RUNNERS
154	1.11.16	70	Rosina	Lunny	F	58	F55-59	n/a
155	1.11.18	151	BEVERLY	CHILSON	F	45	F45-49	
156	1.11.37	162	TRACY	BAILEY	F	31	F Senior	
157	1.11.38	160	KEVIN	BREEZE	M	30	M Senior	
158	1.12.24	66	David	Freezer	M	25	MSenior	n/a
159	1.12.49	127	JOANNA	KENNINGTON	F	34	F Senior	
160	1.13.15	195	CHARLIE	FENECH	M	65	M60+	
161	1.13.32	85	Amy	Kent	F	25	Fsenior	n/a
162	1.14.01	101	LOUISE	HOWE	F	28	F Senior	

163	1.14.09	174 SARAH	WENGROW	F	39	F Senior
164	1.14.10	173 LEAH	HIGH	F	39	F Senior
165	1.14.10	172 THERESA	TOMPSON-WHY	F	39	F Senior
166	1.26.26	111 ASHLEA	MARTIN	F	24	F Senior
167	1.36.26	102 PETER	IRELAND	M	37	M Senior