	Dates 2010	7th Feb	18th April	6th June	4th July	1st Aug	26th Sep	7th Nov
		(5k)	(10k)	(5k)	(5m)	(7m)	(5m)	(10m)
Alan	Bushell		45.22		35.13	50.46	35.53	
Becky	Durant		57.42	26.25	46.03	66.13	47.00	1.35.37
Ben	Letzer					57.02		
Christine	Cooke						46.56	1.36.35
Danni	Lee			24.47	41.97			
David	Brailey							1.32.01
Dee	Neal	28.27	57.30	27.15		67.50		1.39.58
Colin	Robilliard	19.13	39.00	18.13				1.03.28
Gavin	Lee		57.26	27.21	46.11			
Graham	Barnes	24.50	52.11	25.28	41.15	57.36	45.43	
Howard	Burton	21.00	44.53					1.15.33
Issy	List							1.17.35
Janet	Neale					64.42		
Jackie	Bye	26.38	51.50	24.13	40.34	57.59	43.40	1.27.57
Jeremy	Lawrence		46.34		36.30	51.23	36.09	1.14.11
Jillie	Cole		60.44	29.38		71.52		
Joanne	West	25.59		26.03		60.31	43.58	1.28.39
Jonathan	Edwards	29.17	53.45	23.28		56.03	39.17	
Kathy	Bagnell		58.22	27.30				
Ken	Bowman	21.16	47.57		37.08	55.17		1.15.23
Mark	Harmer						37.44	
Martin	Bagnell	21.46	45.25	21.29	35.27	50.47	36.52	1.18.11
Mel	Porter		43.52		34.35	47.52	34.26	1.09.11
Melanie	Burch					57.31	41.48	1.25.33
Michael	Fairchild	23.25		22.40		54.12		
Peter	Cobb			38.34		51.42	36.52	
Peter	Kean-Cockburn					71.09		
Rod	Bye	24.02	47.24	21.31				1.13.01
Shirley	Wilcock	29.17		29.29	52.16	71.54	49.42	1.45.20
Stewart	Marden		46.06	21.32	36.24	51.58		
Steve	Cole	27.53	60.45	28.33			54.00	
Zep								1.20.41