

### Mike Groves Run 2008 Results - All Entrants

Place	Time	Name	Club	Category	Race No.
1	0:19:30	CRANSHAW, Thomas	City of Norwich Athletic Club	All Men	188
2	0:19:40	JONES, Andy	City of Norwich Athletic Club	All Men	140
3	0:20:02	PRESTON, James	Unattached	All Men	20
4	0:20:26	BUNN, Andrew	Norwich Road Runners	All Men	189
5	0:20:36	STRATTON, Ben	Wymondham AC	All Men	12
6	0:20:59	LARK, Shaun	Lowestoft Road Runners	All Men	131
7	0:21:17	HOUGHTON, Andrew	Unattached	Man over 50	184
8	0:21:21	GARRETT, Mark	Norwich Road Runners	Man over 40	102
9	0:21:38	WHITE, Richard	Wymondham AC	Man over 40	145
10	0:21:48	FOWLIE, Darren	Notts AC	All Men	11
11	0:21:49	BALDWIN, Steve	Norfolk Gazelles	All Men	9
12	0:22:01	GOODRUM, Paul	Unattached	All Men	186
13	0:22:34	STURGESS, James	Wymondham AC	All Men	13
14	0:22:37	BRIGHTY, Joshua	Norwich Road Runners	All Men	172
15	0:22:40	GRAND, Adie	Norwich Road Runners	Man over 40	105
16	0:22:46	YEOMANS, Martin	Norwich Road Runners	Man over 50	152
17	0:22:50	MASON, Shawn	Great Yarmouth Road Runners	All Men	4
18	0:22:56	BROOKSHAW, Paul	Great Yarmouth Road Runners	Man over 40	103
19	0:22:59	COOPER, Phil	Norfolk Gazelles	Man over 40	24
20	0:23:07	JOHNSON, Pete	Norfolk Gazelles	Man over 50	156
21	0:23:10	CLARKE, Jane	City of Norwich Athletic Club	Lady over 40	175
22	0:23:21	BLAKE, Richard	Great Yarmouth Road Runners	Man over 50	165
23	0:23:34	YOUNGMAN, Nigel	Norwich Road Runners	All Men	173
24	0:23:41	WAITY, Phil	Thetford Athletic Club	All Men	170
25	0:23:48	THOMPSON, Peter	Norfolk Gazelles	Man over 50	114
26	0:23:54	HARDINGHAM, Kevin	Norfolk Gazelles	Man over 50	191
27	0:23:56	BEAUCHAMP, Gary	Unattached	Man over 40	14
28	0:24:13	CHORLEY, Chris	Bungay Black Dog	Man over 40	100
29	0:24:29	SEAMARK, Jamie	Norfolk Gazelles	All Men	195
30	0:24:32	BOWDEN, Nick	Reepham Runners	Man over 50	126
31	0:24:49	GILBERT, Ashley	Dereham Runners Athletic Club	All Men	193
32	0:24:50	CLARK, Christopher	Unattached	All Men	169
33	0:24:51	SMITH, Alexandra	Norwich Road Runners	All Ladies	155
34	0:24:59	DADY, Stephen	Unattached	Man over 50	3
35	0:25:11	BRANNAN, Terry	Wymondham AC	Man over 60	19
36	0:25:12	BYE, Barry	Ryston Runners	Man over 60	112
37	0:25:13	BULLEN, Gary	Unattached	All Men	196
38	0:25:17	CLARK, Marie	Norwich Road Runners	All Ladies	161
39	0:25:18	BONE, John	Great Yarmouth Road Runners	Man over 60	198
40	0:25:19	ASHFORD, Justin	Norwich Road Runners	All Men	6
41	0:25:19	HARDY, John	Unattached	Man over 50	134
42	0:25:21	CRUTCHLEY, Ian	Wymondham AC	Man over 40	2
43	0:25:24	BRIGHTY, Keith	Norwich Road Runners	Man over 40	171
44	0:25:26	BLACKWELL, Kevin	Norfolk Gazelles	Man over 50	153
45	0:25:28	POWEL, Mick	Norwich Road Runners	Man over 50	176
46	0:25:32	TYLER, Steven	Coltishall Jaguars	All Men	197
47	0:25:36	HOLLAND, Alan	Wymondham AC	Man over 60	22
48	0:25:43	BIRD, Steve	Unattached	Man over 40	18
49	0:25:51	TYLER, Tim	Norwich Road Runners	Man over 50	159
50	0:25:55	WRIGHT, Carl	Unattached	Man over 40	143
51	0:26:11	FRETWELL, Andrew	Norwich Road Runners	Man over 40	151
52	0:26:13	SALMON, David	Norwich Road Runners	Man over 50	141
53	0:26:19	GAY, Christopher	Gt Yarmouth & District Running Club	Man over 40	129
54	0:26:26	STEBBINGS, Robin	Wymondham AC	Man over 50	16
55	0:26:41	WOODRUFF, Glenn	Unattached	All Men	10
56	0:26:46	NICHOLSON, Daniel	Unattached	All Men	183
57	0:26:47	VALENTINE, Nigel	Unattached	All Men	130
58	0:27:05	DURRANT, Jude	Unattached	All Ladies	110

65	0:27:40	COOMBES, Isobel	Unattached	All Ladies	160
66	0:27:42	KING, Michael	Unattached	Man over 50	138
67	0:27:50	JARVIS, Ian	North Norfolk Beach Runners	Man over 40	135
68	0:27:52	GOWING, Peter	Reepham Runners	All Men	92
69	0:27:59	GRAND, Jake	Norwich Road Runners	All Men	104
70	0:28:08	SAUERZAPE, Bobbie	Bungay Black Dog		99
71	0:28:11	DEFERNEZ, Marianne	Unattached	All Ladies	139
72	0:28:19	ASHFIELD, Martin	Diss AC	Man over 50	5
73	0:28:24	SAINES, Rob	North Norfolk Beach Runners	Man over 60	113
74	0:28:25	WOODHOUSE, Gill	Dereham Runners AC	Lady over 60	101
75	0:28:26	JARVIS, William	Unattached	All Men	147
76	0:28:37	FLORENE, Anne	Diss AC	Lady over 50	185
77	0:28:56	ELLEN, Anne	Norfolk Gazelles	Lady over 50	96
78	0:29:14	CULLAGINE, James	Unattached	Man over 40	144
79	0:29:20	FULTON, Mandy	Norwich Road Runners	All Ladies	116
80	0:29:47	NEAVE, Philip	Bungay Black Dog	Man over 50	91
81	0:30:13	CORBOULD, Stephen	Norfolk Gazelles	Man over 40	187
82	0:30:18	FRASER, Susan	Gt Yarmouth & District Running Club	Lady over 40	146
83	0:30:21	ENGLAND, John	Gt Yarmouth & District Running Club	Man over 60	166
84	0:30:31	CLARK, Neil	Unattached	All Men	162
85	0:30:52	WARNES, Tim	Unattached	All Men	106
86	0:30:58	HARDY, Carol	Norfolk Gazelles	Lady over 40	157
87	0:31:22	BRIERLEY, Wendy	Unattached	All Ladies	122
88	0:31:26	CHAPMAN, Louise	Norwich Road Runners	All Ladies	111
89	0:31:38	SAUNDERS, Marianne	Norfolk Gazelles	All Ladies	158
90	0:31:39	CLARKE, Martin	Unattached	All Men	174
91	0:31:43	COOPER, Louis	Wymondham AC	Man over 60	21
92	0:31:53	MILLER, Rachel	Unattached	All Ladies	190
93	0:32:08	RUMSBY, Karl	Unattached	All Men	108
94	0:32:19	ALFORD, Karen	Unattached	Lady over 40	149
95	0:32:26	POTTER, Judy	Bungay Black Dog	Lady over 60	199
96	0:32:41	BARTON, Fran	City of Norwich Athletic Club	Lady over 40	95
97	0:32:50	FARROW, Linda	Norfolk Gazelles	Lady over 60	97
98	0:32:55	MOORE, Lynda	Norwich Road Runners	Lady over 50	127
99	0:33:55	MORTER, Sharon	Unattached	All Ladies	168
100	0:34:34	POTTER, David	Bungay Black Dog	Man over 60	200
101	0:34:39	BARTON, Amy	Unattached	All Ladies	98
102	0:34:41	COLMAN, Ivan	Norwich Road Runners	Man over 40	192
103	0:34:52	SOUTHGATE, Stuart	Unattached	Man over 40	109
104	0:35:14	ENGLAND, Maureen	Gt Yarmouth & District Running Club	Lady over 60	167
105	0:35:16	SCHNIL, Kathleen	Unattached	Lady over 50	17
106	0:35:26	HOWE, Ross	Unattached	All Men	1
107	0:35:48	GAYTON, Teresa	Unattached	Lady over 40	148
108	0:36:39	EGMORE, Jenni	Reepham Runners	Man over 40	125
109	0:36:52	THOULESS, Colin	Norwich Road Runners	All Men	120
110	0:37:09	MOORE, Brian	Norwich Road Runners	Man over 50	128
111	0:37:52	HAGGARTY, Elaine	Gt Yarmouth & District Running Club	Lady over 50	124
112	0:37:58	CLEGG, Dawn	Gt Yarmouth & District Running Club	Lady over 50	15
113	0:38:22	GOODWIN, Denise	Gt Yarmouth & District Running Club	Lady over 50	7
114	0:38:26	KING, Jan	Reepham Runners	Lady over 50	23
115	0:39:22	DI MOGLOU, Rebecca	Unattached	All Ladies	25
116	0:39:54	MELTON, Alison	Unattached	Lady over 40	164
117	0:39:55	LANSDELL, Anita	Unattached	Lady over 40	163
118	0:41:53	READER, Frank	Unattached	Man over 60	178
119	0:42:14	GOWING, Jean	Reepham Runners	Lady over 60	93
120	0:42:16	GOWING, Geoffrey	Reepham Runners	Man over 60	94
121	0:43:37	BRIGHTMAN, Pat	Gt Yarmouth & District Running Club	Lady over 50	132
122	0:45:48	MILLER, Louis	Unattached	All Men	142
123	0:49:37	AMES, Jennifer	Unattached	All Ladies	182
124	0:49:38	AMES, Sharon	Norwich Road Runners	All Ladies	180
125	0:49:39	WALTON, Andrew	Unattached	All Men	181