

Coltishall Jaguars Autumn 10k. Sunday 30 September 2007. 10:30 am

Place	Time	Name	Team	Cat	Race No
1	0:35:42	ALDIS, Roger	Stowmarket Striders		78
2	0:35:51	ARNOLD, Nigel	Norfolk Gazelles		85
3	0:36:32	DAVISON, Neil	City of Norwich Athletic Club		51
4	0:36:50	BUNN, Andy	City of Norwich Athletic Club		45
5	0:38:04	ROPER, Goy	Norwich Road Runners		73
6	0:38:11	CHAPPELL, Wayne	Unattached		44
7	0:38:44	CHRISTOPHER, John	North Norfolk Beach Runners		76
8	0:39:11	GOODRUM, Paul	Unattached		87
9	0:39:29	LINDSAY, Ray	Norwich Road Runners	Male over 50	84
10	0:40:09	GREENLAND, Eddie	Wymondham AC		89
11	0:40:26	JOHNSON, Pete	Norfolk Gazelles	Male over 50	26
12	0:40:56	POTTAGE, Martin	Bungay Black Dog		53
13	0:41:05	JACOBS, John	Unattached		8
14	0:41:10	CURL, Tracey	Norwich Road Runners		72
15	0:41:14	BATES, Steve	Coltishall Jaguars		100
16	0:41:31	THOMPSON, Peter	Norfolk Gazelles	Male over 50	18
17	0:41:37	HILL, Melvin	Norwich Road Runners		81
18	0:41:43	BAMFORD, Phil	City of Norwich Athletic Club	Male over 50	82
19	0:41:47	ADCOCK, Trevor	Norfolk Gazelles	Male over 50	83
20	0:42:10	BRADLEY, Alan	Norwich Road Runners		17
21	0:42:13	FINDLAY, Ben	Unattached		60
22	0:43:17	BETTS, David	Unattached		11
23	0:43:18	BARKER, Lee	Unattached		1
24	0:43:21	LEACH, John	North Norfolk Beach Runners		104
25	0:43:43	HARDINGHAM, Graham	Norfolk Gazelles		37
26	0:43:50	POTTER-CAMPBELL, Emma	Dereham Runners AC		105
27	0:44:14	ATTERWILL, Sean	Unattached		23
28	0:44:21	SMITH, Alexandra	Norwich Road Runners		50
29	0:44:22	BRIGHTY, Joshua	Norwich Road Runners		91
30	0:44:29	HILL, Leslie	Norfolk Gazelles		80
31	0:44:31	BLAKE, Dean	Coltishall Jaguars		4
32	0:44:39	COOPER, Lucy	Norfolk Gazelles		58
33	0:45:15	MILNES, Chris	Ryston Runners	Male over 50	46
34	0:45:18	BEACHAMP, Gary	Unattached		94
35	0:45:21	WILSON, Robin	Bungay Black Dog		29
36	0:45:40	MACLEOD, James	Unattached		25
37	0:45:48	PIGGOTT, Catherine	Norwich Road Runners		39
38	0:45:58	WOODRUFF, Glenn	Unattached		101
39	0:46:03	ALFORD, Colin	Unattached		64
40	0:46:04	WOODRUFF, Kevin	Unattached		102
41	0:46:08	COOPER, Bryan	Unattached	Male over 50	28
42	0:46:41	BULL, Michelle	Norwich Road Runners		6
43	0:46:54	MANLY, Veronica	Wymondham AC	Female over 50	36
44	0:46:59	SALMON, David	Norwich Road Runners		38
45	0:47:06	AKEHURST, Brian	Unattached		43
46	0:47:08	ILLINGSWORTH, Michael	Unattached		97
47	0:47:14	HARRISON, Paul	Dereham Runners AC	Male over 50	68
48	0:47:43	COLLINS, Patrick	Bromley Vets	Male over 60	98
49	0:47:48	BRADLEY, Sarah	Norwich Road Runners		16
50	0:47:53	GILHAM, Richard	Norfolk Gazelles		63
51	0:48:16	FRASER, Alec	North Norfolk Beach Runners	Male over 60	27
52	0:48:25	THACKER, Helen	Unattached		3
53	0:48:34	RICHARDSON, Andrew	Woodford Green AC	Male over 50	49
54	0:48:35	DAY, Tony	Unattached		103
55	0:48:44	WOODHOUSE, Gill	Dereham Runners AC	Female over 50	24
56	0:48:54	WOODWARD, Adrian	Unattached		92
57	0:48:54	WARD, Beres	City of Norwich Athletic Club	Female over 50	65
58	0:49:12	WENN, Jenny	Norwich Road Runners		10
59	0:49:15	BELL, Antony	Unattached		7
60	0:49:26	BROWN, Hugh	Unattached		96
61	0:49:39	MONK, Patrick	Unattached		95
62	0:49:46	TODD, Ian	West Norfolk AC		14
63	0:50:00	STAINES, Rob	North Norfolk Beach Runners	Male over 60	12
64	0:50:08	WOOD, Charlie	Norwich Road Runners		66
65	0:50:17	CREASOR, Mike	Road Runners	Male over 60	15

66	0:50:20	JUPP, Orla	Dereham Runners Athletic Club		9
67	0:50:47	HARROP, Jackie	Norfolk Gazelles		70
68	0:51:38	BURRAGE, Andrew	Norfolk Gazelles	Male over 50	55
69	0:51:50	MARTIN, Peter	Highnorth Running Club	Male over 50	79
70	0:51:53	ARDEN, Jeff	Unattached		19
71	0:52:07	HARVEY, Michael	North Norfolk Beach Runners	Male over 50	93
72	0:52:14	BLAKE, Emma	Coltishall Jaguars		5
73	0:52:57	LUBBOCK, Sandra	City of Norwich Athletic Club		61
74	0:53:01	CREED, Graham	Unattached		22
75	0:53:42	SLADE, Tracy	Norwich Road Runners		90
76	0:53:44	JACKMAN, Kelly	Norwich Road Runners		47
77	0:54:53	BURRAGE, Carolyn	Norfolk Gazelles	Female over 50	54
78	0:55:38	COLEMAN, Graham	Unattached		88
79	0:57:01	FOLKARD, Jonathan	North Norfolk Beach Runners		75
80	0:57:48	MALHERBE, Lizette	Unattached		21
81	0:57:51	BUMFREY, Stephen	Unattached		40
82	0:59:18	POTTER, David	Bungay Black Dog	Male over 60	86
83	0:59:40	HAGON-POWLEY, Michelle	Unattached		31
84	0:59:55	STEWART, Angela	Unattached		57
85	1:00:00	HAGON-POWLEY, Clive	Unattached	Male over 60	30
86	1:00:30	MARRABLE, Barry	Unattached	Male over 50	99
87	1:02:25	HICKS, Clare	Coltishall Jaguars		59
88	1:08:22	BALDWIN, Fiona	Coltishall Jaguars		69
89	1:10:05	READER, Frank	Norwich Road Runners	Male over 60	71
90	1:26:07	ISON, Margaret	North Norfolk Beach Runners	Female over 60	74